

68 West King Street Shippensburg, PA 17257

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chamber@shippensburg.org

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Monica Logan office@shippensburg.org

Community Coordinator

Michaela Wetzel

communitycoordinator@shippensburg.org

Shippensburg Area Chamber of Commerce Committees

Awards Breakfast Committee
Back to School Family Fun Day Committee
Central PA Chainsaw Carver Festival Committee
Chamber Golf Tournament Committee

OUR MISSION

To provide members with services that promote and support economic vitality as well as develop Shippensburg as a great place to live, work, play, visit and invest.

Cinco de Mayo Committee
Community Christmas Party Committee
Membership Committee
Programs & Promotions Committee
Shippensburg Beer & Wine Festival Committee

OUR VISION

To be recognized as the premier membershipbased organization for professional networking, development, and stimulating economic growth in the vibrant and prospering business community of Shippensburg.



March 2025



Dear Chamber Members.

As you may know, I recently joined the Shippensburg Chamber of Commerce as the new office manager, and I couldn't be more grateful for the warm welcome I've received! Thank you all for making me feel so at home—it truly embodies our theme, "It Feels Like Home."

Now that I've had time to settle in and familiarize myself with the Chamber's mission, I'm excited to fully embrace my role in helping our members succeed. While event planning is a big part of what I do, my top priority is supporting you and your business in any way I can.

One way I've been assisting our members is by updating business information in our resource room. If you haven't visited our office yet, we have a great resource space where residents—especially those new to the area—can learn about our Chamber members. If you'd like to add or update your business information, I'd be happy to help!

Another valuable service we offer is posting employment opportunities for our members. This free resource can save you time and money when advertising open positions. If you have a job opening, just let me know, and I'll get it listed for you!

As I wrap up my first two months here at the Chamber, I just want to express my gratitude once again to all our members and the Shippensburg community. You've made this Newburg girl feel right at home, and I look forward to continuing to serve and support you!

Warm Wishes, Monica Logan Office Manager

SHIPPENSBURG.ORG
717.532.5509 | 68 West King Street | Shippensburg, PA

Shippensburg Historic, Hometown, Happening!

CHAMBER TIERED MEMBERSHIPS

Platinum Level
Orrstown Bank
Parx Casino
Volvo Construction
Equipment
WellSpan Health

Gold Level

Adams Electric

Aramark Collegiate
Hospitality

Comcast

Gannon Associates Insurance

JLG Industries

Lehman Construction Services, Inc.

M&T Bank

Members 1st FCU

Shippensburg University

Shippensburg University Foundation

UPMC Carlisle

Walmart Distribution Center #7380



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March 3 - Ribbon Cutting, King & Saint Cafe, 512 W. King St. (parking available on W. Orange St.)

March 13 - Annual Awards Breakfast, Tuscarora Room, Shippensburg University

March 28 - Morning Member Mixer, Shippensburg Area Chamber of Commerce



April 17-19 - Chainsaw Carvers Festival, Shippensburg Fairgrounds

May 1 - Cinco de Mayo Regional Mixer, Volvo CE Customer Center

May 9 - Keystone Business Summit, Conference Center, Shippensburg University

March 1 - 2025 Chocolate Excursion, Downtown Waynesboro

March 1 - Cumberland Valley Animal Shelter Cabin Fever Music Fest, Orchards Restaurant

March 3 - Spring Ballroom Dance, Luhrs Performing Arts Center, Shippensburg

March 6 - Greg Warren, Luhrs Performing Arts Center, Shippensburg

March 15 - Artsy Chaos Club with Barbara Randall, Council For The Arts, Chambersburg



March 15 - Irish Happy Hour, Capitol Theatre, Chambersburg

EXPLOREFRANKLINCOUNTYPA.COM March 16 - Homeless Matters - Fashion Show, Grant Street Loft

March 1 - 2025 Ice and Fire Festival, Downtown Harrisburg

March 1 - 2025 PA Home and Garden Show, PA Farm Show and Expo Center, Harrisburg

March 4 - Beekeeping 101 Course, Kings Gap Environmental Center

March 9 - Intro to Woodburning, Wildwood Park, Harrisburg

March 10- Empty Bowls 2025, Project Share Warehouse, Carlisle

cumberland Val VISITCUMBERLANDVALLEY.COM

March 19 - Rhythm of Dance, Witaker Center for Science and Arts

March 20 - Lunch & Learn, Rachel Eng in Conversation with Vivian Anderson, Lily Swain, and Grace Toner, The Trout Gallery, Dickinson College

March 1 - 2025 SKEC Reading Rainbow, Shippensburg Firefighters Activity Center, Shippensburg **Now through March 31** - The Tides's annual Shoe Drive

March 5 - The Perfect Blend, Drew's Hope Grief Center, Shippensburg

March 10 - Ship Talkers, The Local Gathering Coffee House Church, Shippensburg

March 15 - Tools of a Union Soldier, Shippensburg Historical Center, Shippensburg



March 20 - Healing Together Support Group, Drew's Hope Grief Center

March 21 - SASHS Career Day, Shippensburg High School

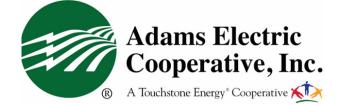
March 27 - Grief share, Drew's Hope Grief Center, Shippensburg

person dies from cardiovascular disease every 33 seconds. Don't be the

Getting your heart checked could save your life. Trust the experts at UPMC.

UPMC offers both in-person and virtual heart screenings to make checking your heart even more convenient. Knowing your family health history, and scheduling regular screenings for risk factors including high blood pressure, cholesterol, glucose, and an elevated BMI, could even save your life.

Your heart care matters. Schedule an appointment today at UPMC.com/Heart.



Kami Noel, Communications / Member Relations Coordinator Adams Electric Cooperative, Inc.

SEVEN WAYS TO GO GREEN FOR ST. PATRICK'S DAY

1. Replace your HVAC filter

When was the last time you replaced your filter? If you can't remember, there's a good chance now is a good time to do it. Generally, filters need to be replaced every three months, but factors such as climate, having pets and the age of your system can cause this to vary.

2. Install a smart thermostat

A smart thermostat can add convenience, generate savings and help you go greener. You can set it to adjust your home's temperature based on your schedule, and many thermostats can detect when no one is home and automatically reduce use.

3. Analyze your energy bill

Review past bills to better understand your energy consumption patterns. Understanding these patterns can help you decide when to operate appliances, whether to pursue energy efficiency upgrades and how to start reducing your usage.

4. Cut energy use during peak hours

In the springtime, the peak hours for electricity tend to be in the evenings, between 5-8 p.m. Consider going out to a park, restaurant or theater during this time to lower your electricity use. Cook on the barbecue grill and save your washing and drying for off-peak hours.

5. Upgrade to energy-efficient appliances

Look for appliances that are Energy Star*-certified. These appliances use 10% to 15% less energy and water than standard models, according to energy.gov.

6. Look for energy savings rebate programs for electric vehicles (EV)

This could be your year to go electric. The co-op offers a one-time EV incentive to help make these technologies more accessible.

7. Consider converting to geothermal for your heating and cooling needs

Geothermal systems are literally powered by the earth. These systems heat and cool your home using a piping system, referred to as a loop. Water circulates in this loop to exchange heat between your home, the ground source heat pump and the earth.









Changes ... and a huge step in a good direction

They say all good things must come to an end ... or at least a bend in the road. And all of us feel the call in our lives to move on, move up, move forward.

It's our time at Sanctuary Christian Counseling to transition to new leadership. Nothing dramatic will change – at least for now -- but with the new owners comes some forward thinking ideas, so look out in the future (in this space!) for good things to come.

But first, a little history ...

One question that I – Ellen Gigliotti - get asked often is why our name is Sanctuary Christian Counseling, and how we arrived at that. It's actually a God story, and I think some of you might be interested in it.

I was practicing marriage and family therapy in the prayer room at King Street Church, in Chambersburg, PA. I was pretty new at the job and hadn't given any thought to an "alternative" name for my practice. After all, I was practicing alone at the time, and it seemed like "Ellen J.W. Gigliotti LMFT" was enough. However, the former senior pastor of King Street Church, Dr. John Beukema, didn't think so.

He challenged me to find another name -- a name representative of what I envisioned my practice to be. I was puzzled, and not a little chagrined. It's tough to think through what exactly your passion is.

Finding words to describe it - finding ONE word to describe it! - is darn near impossible.

I thought and thought. My thoughts took me next door. At that time, next to my therapy room was the sanctuary at KSC. As soon as I sat down and began to pray about this, God made it clear that Sanctuary was to be it.

And Sanctuary it has been since then, whether located in King Street Church, in the King Street Community Center (where we were for several years), in the Scotland Campus or at our current – and long-term location at 9974 Molly Pitcher Highway, in the West End Office Complex in Shippensburg.

Sanctuary embodies what I have always wanted our clients to experience - a sanctuary from the challenges they face and a place where they can rest, be accepted, loved, understood and helped back to health.

And now ... a glimpse toward the future ...

Aryn and Jess Hundley, who have been working with me for some years, are the new owners of Sanctuary Christian Counseling. They are both dynamic individuals with a heart for God, great ability as therapists and a love for community and people. They will do great things with Sanctuary and in Shippensburg!

I will let them introduce themselves to you in our next article.

As for me, I'm working on a passion project – Retire + Thrive (<u>www.retire-and-thrive.com</u>). My aim is to help women therapists, entrepreneurs, business owners and professionals dream, plan and enjoy amazing and fulfilling retirements.

I have stumbled my way through the retirement jungle, finally finding my footing, and seeing an optimal future for my life. I help others do the same – without the stumbling! Although financial planning is NOT part of what I do (I'm not at all qualified for that) planning for an amazing retirement means so much more than money. I provide personalized guidance and support to help women nearing retirement create a future that unlocks their unique vision and helps them create fulfilling lives.

CHRIST AMONG NEIGHBORS

January-February 2025 Newsletter

Winter is blowing up a gale outside our windows as I write. Though the weather is cold, we are celebrating the warm love of our God during this season. Winter is a necessary time for our natural world to rest and rejuvenate.

Hopefully we are all experiencing this renewal!

Our neighbors in the Shippensburg area continue to experience economic hardships. We are helping as many of these neighbors as we can. In December, we helped 13 households with rent, 4 with utilities, 2 with personal needs, and 2 with gasoline, totaling \$8,391.00 in aid. In January, we assisted 10 families with rent, 5 with utilities, 1 with car expenses, and 1 with gasoline, for a total of \$5,552.27.

The Partnership for Better Health's Match Madness campaign is coming soon! If you would like to help support CAN with a financial donation, you may send a check made payable to the Partnership for Better Health (with designation to Christ Among Neighbors) and be mailed to the Partnership for Better Health, 274 Wilson Street, Carlisle, PA 17013. Donations must be received on or after March 1 to be counted. If you are contemplating a donation to CAN in the near future, you might want to hold it until March so that matching funds from the Partnership can be applied to it. We are thankful for all contributions and for your prayer support, as well.

CAN volunteers are busy working on grants to help fund housing, utility and other emergency needs for our neighbors. We are grateful to our volunteers who have helped with these grants.

We will be participating in the HOMES Resource Fair, which will be held at the Shippensburg Intermediate School in April. This is open to families within the school district and offers information regarding services available within the Shippensburg Area School District.

CAN is working with Shippensburg Community Resource Coalition and their interns to update our website. We are grateful for their assistance in giving us a new look.

We are still in need of new volunteers, especially on Saturday mornings. The schedule is flexible; you may volunteer for as few or as many days as you wish. We'd love to have you join us in working to help our neighbors in their time of need! If you are interested and would like to talk to someone about volunteering, please call 717 532 7577.

Also, please call if you would like us to visit your church to tell you more about what we do.

May God bless you richly as you serve Him!

The CAN Team



A United Way Agency of the Shippensburg Area 130 S. Penn Street, Shippensburg, PA 17257



MEMBER SPOTLIGHT





But back to Sanctuary Christian Counseling and my final farewell to my Chamber of Commerce readers. As we move forward, Sanctuary's mission will always be to help our clients live our best lives. We will continue to help grieving individuals, distressed kids and teens and couples in conflict find peace, solutions and connection.

May our Sanctuary be a blessing to you in the midst of life's craziness. May you find the vision God has for your life. May we be able to help you do that.

Ellen J.W. Gigliotti LMFT
CEO Retire + Thrive, <u>www.retire-and-thrive.com</u>

Sanctuary Christian Counseling 9974 Molly Pitcher Highway, Suite 4, Shippensburg, PA 17257 717-200-3158

info@sanctuarychristiancounseling.com

America 250 Shippensburg:



Join us for the next America 250 Shippensburg meeting on March 20 at 1 PM at the Chamber of Commerce. For more details or to RSVP, please email chamber@shippensburg.org. We look forward to your participation in this historic celebration!



Explore & Support Our Community

Shippensburg Area Chamber of Commerce
- You are invited to our -

Reakfast

Steakfast

Tuscarora Room - Reisner Dining Hall Shippensburg University

Breakfast, Awards Presentation, Silent Auction, and Special Guest Speaker: Bruce Hockersmith, Former Mayor

March 13, 2025

7:30 AM - 9:30 AM



Tickets \$30 per person RSVP by March 5, 2025 chamber@shippensburg.org



WHETHER YOU'RE LOOKING TO CONTRIBUTE FINANCIALLY AS A SPONSOR OR GET INVOLVED IN A MORE EVENT-SPECIFIC WAY, THERE ARE PLENTY OF OPPORTUNITIES TO SUPPORT OUR COMMUNITY EVENTS!

WAYS TO GET INVOLVED:

- EGG HUNT (APRIL 19) DONATE EGGS AND STUFFERS TO HELP MAKE THIS SPRINGTIME FAVORITE MAGICAL FOR LOCAL FAMILIES.
- TOUCH-A-TRUCK (MAY 31) OFFER SPECIALS FOR ATTENDEES, WELCOME THEM INTO YOUR BUSINESS, OR PARTICIPATE IN THE THEME TO MAKE THE DAY EXTRA FUN.
- SECOND SATURDAYS DECORATE YOUR STOREFRONT TO MATCH THE MONTH'S THEME AND BRING ENERGY TO OUR DOWNTOWN.
 - JUNE: COLOR THE TOWN (JUNE 14) BRIGHTEN UP YOUR SIDEWALK WITH COLORFUL DECORATIONS.
 - JULY: FUN & SUN FEST (JULY 12) SPONSOR A YARD GAME OR "ADOPT" A KID'S LEMONADE STAND IN FRONT OF YOUR SHOP.
 - SEPTEMBER: LIVE ON KING (SEPTEMBER 13) STAY OPEN LATE
 AND BE PART OF THE EXCITEMENT.

HOWEVER YOU CHOOSE TO PARTICIPATE, WE'D LOVE TO SEE OUR COMMUNITY COME TOGETHER TO MAKE THESE EVENTS UNFORGETTABLE!

BENEFITS:

SUPPORT LOCAL FAMILIES
BRAND REPUTATION AND RECOGNITION
PROMOTE COMMUNITY ENGAGEMENT
SOCIAL MEDIA & MARKETING VISIBILITY
CUSTOM SPONSOR BENEFITS

AND MORE!

Contact Michaela Wetzel at communitycoordinator@shippensburg.org for more info!





2025 Keystone Business Summit

Surviving and Thriving in the Digital Age: Bridging Generations, Embracing Technology, and Prioritizing Well-Being



By attending this summit, we can strengthen connections, share knowledge, and explore ways to expand partnerships. Together, we'll work towards growing our regional workforce and boosting economic development in the region.

Why Should I Attend?

- Gain exposure to a targeted audience of decision-makers and influencers from various industries and learn about strategy, business, and development opportunities.
- Networking opportunities to engage with potential clients, partners, and industry peers to expand your professional network and explore collaboration opportunities.
- Connect, learn, and contribute to our local business community.



May 9, 2025 | 8 AM - 1 PM Shippensburg University Conference Center

Early Bird (ends March 9, 2025): \$39 | Regular: \$49 Last year over 120 attendees participated in the summit located at the Shippensburg University Conference Center!

Chart Your Path!

TRACK 1 | Tech Evolution and Adaptation

- Strategies for staying ahead in rapidly changing technological landscapes.
- Embracing AI, automation, and digital tools to enhance productivity.

TRACK 2 | Multigenerational Recruitment and Retention

- Leveraging the strengths of different generations in the workplace.
- Building collaborative environments where experience meets innovation.

TRACK 3 | Holistic Well-Being

- Balancing professional success with mental, physical, and emotional health.
- Integrating wellness practices into daily work life to sustain long-term performance.



workforce.ship.edu/business-summit









On February 8, **D.O.I.T.** hosted its inaugural Winterfest in Downtown
Shippensburg. Guests strolled downtown to view ice sculptures, watched live carving, enjoyed wagon and carriage rides, and sampled delicious fare from food trucks and local establishments. The Chamber welcomed everyone with a complimentary cocoa bar and hot coffee station, while children participated in a sticker activity.

We extend our heartfelt thanks to





everyone who stopped by!





WINTERFEST

SHIPPENSBURG COMMUNITY NURSE

Providing FREE non-skilled services at home

not covered by insurance plans since 1917



All calls are confidential and messages will be returned in a timely manner.

Serving all residents living in the nippensburg United Wav service area. Donations accepted!

Established by the Civic Club of Shippensburg 208 East Burd Street | 717.530.7900

ShippensburgCivicClub.com



Members can list job openings for free! Contact office@shippensburg.org to learn more.

Looking for job opportunities? Explore current listings at shippensburg.org!

BUSINESS COACH, TEACHER & TEAM BUILDER

25 Year USAF Veteran



- Teamwork & Communications?
- **Understanding Self & Others?**
- Strategic Planning?
- **Declining Morale?**

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CARVINGS FOR SALE

MORE INFORMATION

VENDORS

717-532-5509 chamber@shippensburg.org shippensburg.org



Morning Member Mixer

COFFEE · CHAMBER · CHAT



SHIPPENSBURG AREA CHAMBER OF COMMERCE 68 W. KING STREET, SHIPPENSBURG

> MARCH 28, 2025 7:30 AM - 9:00 AM

RSVP: bit.ly/3XXBNxb chamber@shippensburg.org





15th Annual Regional Fiesta Mixer

Thursday, May 1, 2025 4:30 - 6:30 pm

Volvo Construction Equipment Customer Center 200 Rowe Road, Shippensburg

SPONSORSHIP OPPORTUNITIES AVAILABLE!

Take advantage of this opportunity to connect with 350+ business professionals!

Exclusive Event Sponsor (SOLD)

Food Sponsors

(1 additional available \$1,000)

- · Logo promoted in all event advertising
- Booth Space
- Display Business Banner (provided by Sponsor)

WELLSPAN

Beverage Sponsors (\$500)

- · Logo promoted in all event advertising
- · Signage at bar
- · Recognized in print and on social media

Event Partner (\$500)

- Logo promoted in all event advertising
- Booth space
- Recognized in print and on social media

Table Sponsor (\$250)

- Booth space
- · Recognized in print and on social media

Venue Sponsor





MECHANICSBURG

















Sponsorship Information: chamber@shippensburg.org

WELCOME NEW MEMBERS!



ADVENTURES WITH TAURUS AND FRIENDS LLC

Adventures With Taurus And Friends is a small business born from a love of sharing their mini Highland Park cows—Taurus and Evie—as well as their Highland cow, Maddy. They bring joy to events by offering mini cow and bunny cuddle sessions at your location or at local events.

What They Offer:

- Photo shoots with their lovable animals
- · Birthday parties and private events
- · Vendor and business events
- · Animal cuddle sessions

Be sure to visit their Facebook page to see their adorable animals. Join us in welcoming them to the Chamber, and consider them for your next event! Contact:

adventures with taurus and friends@gmail.com



AMERICAN LEGION POST 233

Welcome, American Legion Post 223, to the Shippensburg Area Chamber of Commerce! Located at 100 E. Dykeman Road in Shippensburg, American Legion Post 223 is a nonprofit organization dedicated to supporting veterans. They provide a welcoming space for camaraderie, dining, banquets, and community gatherings. As a pillar of the community, they honor and serve those who have served our country while offering a place to connect and enjoy.

SUZY WILKINSON LACTATION CONSULTANT, BREAST EXPRESSIONS



Suzy Wilkinson Lactation Consultant, Breast Expressions is a trusted local resource for comprehensive lactation support. Owned by Registered Nurse and experienced Lactation Consultant Suzy Wilkinson, the business offers a wide range of services including prenatal breastfeeding guidance, lactation instruction classes, and postpartum in-home consultations. They also provide specialized care for lip and tongue ties, pumping, return-to-work, and bottle feeding, with both home and virtual consultation options available. For more information or to schedule a consultation, call 717-860-0177 or email breastexpressions@comcast.net.

WELCOME NEW MEMBERS!



KARMA HOMECARE LLC

Karma HomeCare is a compassionate home care agency dedicated to supporting elderly and disabled individuals in our community. They believe that home is the best place for care, where individuals can feel safe, close to family, and surrounded by comfort. Serving diverse families across Pennsylvania, Karma HomeCare provides essential services that promote comfort, safety, and independence—all while ensuring care is delivered with compassion, love, kindness, patience, and professionalism.

Their mission is simple: to help families care for their loved ones without financial worry, making each day easier and more reassuring. Learn more about their services at www.karmahomecarellc.com.

Caregiver Openings Available:
If you are passionate about making a
difference and providing exceptional care,
please contact 717-899-0255 for caregiver
opportunities.



NONNA ILVA AUTHENTIC

Nonna Ilva Authentic Italian brings the real taste of Italy to Shippensburg, inspired by traditional family recipes and deep roots in central Italy. Their dishes are crafted with fresh ingredients, just like Grandma's kitchen.

Visit Nonna IIva at: 85 W King Street, Shippensburg 717-477-6157

Hours of Operation:

Monday - Closed Tuesday - Thursday: 11:00 AM - 9:00 PM Friday - Saturday: 11:00 AM - 9:30 PM Sunday: 11:30 AM - 8:00 PM

Explore their Shippensburg menu at: www.nonnailva.com/menu-2
Email: nonnailva2022@gmail.com