It's summer! Well, not officially but at least it's not WINTER and the sun feels good! Over the last couple of weeks, I have had the opportunity to visit Washington, D.C. As many of you know, Washington, D.C. is a beautiful city with many things to see and do.

While visiting I thought to myself, wow this city is very busy with lots of people and traffic, nothing against Washington. In that moment, I felt very blessed to work, and be involved in Shippensburg. I know it’s small town America, but I love our small community. Yes, I know many say there is nothing to do in our town but again I go back to “how full do you see the glass”?

As we work together to continue to develop our community, I firmly believe we continue to grow into a strong and mighty community. We will not ever be Washington, D.C. but we continue to bring some of those D.C. experiences to our small-town community. I encourage you to stay involved and remember no idea is a stupid one, we love to hear all ideas that might be brewing in your minds.

Lastly, remember our local businesses can only be successful if we, as a community, support them with our shopping. SHOP LOCAL!

Sincerely,

Scott Brown
Chamber President
June 4 - Independence Day. Chamber Closed

July 10 - Lunch and Learn; Courtyard Marriott; 503 Newburg Road

July 31 - Lunch and Learn; Courtyard Marriott; 503 Newburg Road

No Workshops Scheduled

HARRISBURG - More than 90 state and local chamber representatives from across the Commonwealth gathered in Harrisburg today for the 2019 Chamber Day at the State Capitol. The annual event is co-hosted by the PA Chamber of Business and Industry and the Pennsylvania Association of Chamber Professionals during one of the busiest times of the year in the Capitol, as state elected officials work to finalize the 2019-20 budget. The event provides a forum for constructive dialogue between local chamber officers and policymakers on key issues important to the state's business community and the best ways to improve the Commonwealth's business climate.

"Each year, Chamber Day provides an invaluable opportunity for representatives of local business communities to come together and collectively advocate for pro-growth measures that will help to improve the state's economic climate," said PA Chamber President and CEO Gene Barr. "Our local chamber partners play a critical role in promoting the needs and challenges of their respective regions and in identifying policies that will help businesses of all sizes across the Commonwealth to thrive. We're pleased that so many local chambers were able to participate in this year's event."

The program featured several panel discussions focusing on a wide range of topics, including workforce development; transportation and infrastructure in the Commonwealth; and community revitalization. Welcoming remarks were provided by Senate President Pro Tempore Joseph Scarnati, R-Jefferson, and Speaker of the House Mike Turzai, R-Allegheny. Attendees received an update on the status of state budget negotiations from the Appropriations Committee Chairs from each legislative chamber: Senate Majority Chair Pat Browne, R-Lehigh, and Minority Chair Vince Hughes, D-Philadelphia; and House Majority Chair Stan Saylor, R-York, and House Minority Chair Matt Bradford, D-Montgomery. State Treasurer Joe Torsella delivered the keynote luncheon address.

"Chamber Day is not only one of the best professional development and networking opportunities that PACP has to offer, it's the single best platform for Chamber professionals across the Commonwealth to improve the state's economic climate," said PA Chamber President and CEO Gene Barr. "Our local chamber partners play a critical role in promoting the needs and challenges of their respective regions and in identifying policies that will help businesses of all sizes across the Commonwealth to thrive. We're pleased that so many local chambers were able to participate in this year's event."

In addition to the PA Chamber and the PACP, the 2019 Chamber Day at the Capitol was sponsored by the following organizations: Beaver County Chamber, Bedford County Chamber, Blair County Chamber, Central PA Chamber, Chester County Chamber, Fayette Chamber of Commerce, Greater Reading Chamber Alliance, Greater West Chester Chamber, Lancaster Chamber, Lebanon Valley Chamber, Main Line Chamber, Schuylkill Chamber, Western Chester County Chamber, Westmoreland Chamber, and Wyoming County Chamber.

The Pennsylvania Chamber of Business and Industry is the state's largest broad-based business association, with its statewide membership comprising businesses of all sizes and across all industry sectors.

The PA Chamber is The Statewide Voice of Business.
Shipco Pumps
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Shipco Pumps, known as Shipco Pumps, is a privately held company engaged in the design, development, production, and distribution of a wide range of engineered products grouped into six product groupings. Products are targeted for applications in the steam recovery operations of a boiler steam system. These steam-related products are primarily used, but not limited to public institutions such as hospitals, schools, colleges, universities, prisons, state buildings or military bases; as well as commercial and industrial industries such as automobile, airline, brewery, pharmaceutical, baking or shipping.

Products are sold mainly within the United States, Canada, Mexico and the Caribbean through independent, manufacturer's representatives.

Shipco is one of the few remaining U.S. manufacturers that both design pumps as well as manufactures complete, packaged units. This combination of capabilities enables it to offer custom built units for job-specific applications that cannot be satisfied with standard, off-the-shelf products and ensure the components (such as receiver and pumps) of its packaged units are properly sized to work effectively and efficiently.

Our 11th Annual Cinco de Mayo Regional Fiesta Mixer was held on May 2, 2019 at the Volvo Customer Center. This collaborative mixer brought approximately 275+ members from the Chambersburg, Carlisle, Greencastle-Antrim, Mechanicsburg, Shippensburg and West Shore Chambers. Members enjoyed a festive evening of networking and delicious food provided by Kathy’s Deli and beverages provided by Appalachian Brewing Company and Shippensburg Beverage.

Special thank you to Volvo for being our host venue and to Alliance Engineering as our Exclusive Event Sponsor. Thank you to the following sponsors for partnering with us:

- Members 1st Federal Credit Union
- A&K Settlements, LLC
- Nori Media Group
- Franklin County Visitors Bureau
- Transource
- Kathy’s Deli
- CAEDC
- Orrstown Bank
- DeRock Electric Company
- Adams Electric Cooperative, Inc.
- Drayer Physical Therapy
- Courtyard Marriott
- PeopleReady
- SU Dept. Of Recruitment, Business Internships & Entrepreneurial Outreach/PCDE
- Planet Fitness
- UPMC Pinnacle Carlisle
- Shippensburg Beverage
- Appalachian Brewing Company

Music provided by DJ Donovan and decorations donated by The Beistle Company!
Advertise in the Chamberline at fantastic ANNUAL rates!
Cost covers advertising for 1 year (12 issues).

1/8 page $175.00 (2.75 x 4.25 size)
1/4 page $350.00 (4.25 x 5.5 size)
1/2 page $600.00 (5.5 x 8.5 size)
Full page $1,000.00 (8.5 x 11 size)

Our membership is growing giving greater circulation! All issues of the Chamberline are uploaded to our website for additional viewing.

We also offer the option of having printed inserts placed in our issues.
8.5 x 11 size (flat)
#250 copies required by the 22nd of the month prior
Cost: $60.00/issue

Contact us for more information!
chamber@shippensburg.org
Looking to get more involved with the Chamber…Join A Committee!

- **Awards Banquet Committee** – Meets the 2nd Wednesday of the month @ 4:00pm.
  - The committee plans all details involved with our annual Chamber Awards Banquet. This event is one of the Chamber’s largest events. The Awards Banquet is held in the March/April time frame.

- **Membership Committee** – Meets 1st Tuesday of the month @ 4:00pm
  - The committee develops new opportunities to increase the value of membership and membership outreach.

- **Bloom Festival Committee** – Meets 4th Tuesday of the month @ 4:30pm.
  - The committee plans all details of the Chamber’s Annual Bloom Festival which is held in June and to build the event into a successful downtown Shippensburg event.

- **Cinco de Mayo Committee** – Meetings TBD.
  - The committee plans our annual Cinco de Mayo Mega Mixer. This mega mixer is held in partnership with the Chambersburg, Carlisle, Greencastle-Antrim, Mechanicsburg and West Shore Chambers and is held in May.

- **Promotions & Programs Committee** – Meets 1st Thursday of the month @ 4:00pm.
  - The committee develops programming that benefits membership and promotes the Chamber as a resource of information and learning.

- **Beer & Wine Festival Committee** – Meets 2nd Thursday of the month @ 4:00pm.
  - The committee plans all details involved with the Chamber’s annual Shippensburg Beer & Wine Festival which is held in September.

- **Business & Career Expo Committee** – Meets 4th Thursday of the month @ 4:00pm.
  - The committee plans all details involved with our annual Business & Career Expo which is held in October. This event helps to bring awareness to the community of local businesses and service organizations.

- **Golf Tournament Committee** – Meets 2nd Tuesday of the month @ 12:00pm.
  - The committee plans all details involved with our Chamber Golf Tournament which is held in April.

- **Family Fun Day Committee** – Meetings TBD.
  - The committee plans our annual Family Fun Day. This is a fun, free community event aimed at providing families with valuable information on programs available in our area designed for children and youth of all ages. This event is held in August.

- **Community Christmas Party Committee** – Meetings TBD.
  - The committee plans our annual Community Christmas Party which provides a fun, free evening of toys, food, and entertainment to families of the Shippensburg area. This event is held in December.

**Denotes committees that meet year-round**

For more information or to join a committee, contact Wendy Forrester, Office Manager (717) 532-5509 or chamber@shippensburg.org

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**Exercise Smart Generator Use During Power Outages**

Do you have a portable or whole-house generator? Did a certified electrician install it? Does it have a double-pole, double-throw “transfer switch?”

During major power outages, many people without power turn to standby generators to help run heating and cooling systems, to keep food fresh, lights on, and medical equipment operating. Electrocution, fire, and carbon monoxide poisoning are all potential consequences of improper generator use. However, if used or installed improperly, generators can prove to be a hazard to you, your home, the general public, and those working to get your power back on.

**WARNING:** If you connect an electric generator to the main electrical supply coming into your house, the generator could “backfeed” power on to the power distribution system and electrocute workers who are repairing the electric lines.

To avoid backfeeding electricity, you must have a qualified, licensed electrician install either an automatic or manual double-pole, double-throw transfer switch between the generator and your distribution system, in compliance with all state and local electrical codes.

Generator owners/users may be held liable for damages, injuries, or deaths to the general public or utility personnel caused by improperly used or installed generators.

Follow these suggested tips for safe generator operations:

- Never plug a portable generator directly into one of your home’s outlets — unless you have had a licensed electrician install a transfer switch in your home. If you don’t have a transfer switch, power provided by the generator can backfeed along power lines, causing damage to your home’s electrical wiring or maybe even the generator when power returns.

- For stationary generators that are permanently installed, a licensed electrician will need to install a transfer switch that complies with the National Electric Code. The switch safely cuts electricity to the power lines either automatically or manually.

- Generators create carbon monoxide, which is odorless and invisible, and the fumes can quickly become deadly. If you use a generator, consider installing a carbon monoxide alarm (with battery backup) in your home, especially in sleeping areas.

- Generators must be operated outdoors and at a safe distance from your home’s windows, doors, and vents — more than 15 feet is suggested.

- Connect individual appliances into the receptacle outlets on the generator using heavy-duty, outdoor-rated extension cords. Make sure the cords have a grounded, three-pronged plug, and are in good condition.

- Shut off the generator before refueling.

- There should be nothing plugged into the generator when you start it. This prevents a surge from damaging your generator and/or appliances and equipment.

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Source: National Rural Electric Cooperative Association
My family and I recently visited New York City. I had never been there before and despite my apprehension I found it very interesting and enjoyable. Especially the food. On one occasion I was sitting in a department store at about 11 PM waiting on my daughter to finish shopping. Despite the late hour, the store was very busy. I guess Frank Sinatra was right when he said New York is the city that never sleeps. As I watched people scurrying around looking for the latest fashions, the Lord revealed something to me. It is something I already knew but at that moment it really hit home. The Lord told me, “They are all created in the image of God.” The people in that store were of various ages, sizes, colors and from different countries. Yet each and every one was created in the image of God. Genesis 1:27 says, “So God created man in His own image, in the image of God He created him; male and female He created them.”

So what does this mean for us? Well it means that every person from the smallest unborn child to the oldest senior citizen has infinite worth and deserves to be loved regardless of color, country of origin, age, sex, or economic status. It also means that every life has a God-given purpose and that purpose should be lived out to the fullest extent possible.

But what is that purpose? So many people are seeking their purpose in life and asking, “Why am I here?” The answer is found in the One who created us. If we are created in the image of God then our purpose is to glorify the One who created us. God has the same purpose for every one of those people I saw shopping that night in New York City. And He has the same purpose for you. But the way in which we fulfill that purpose is different for each of us. For me it is by being a pastor. For you it might be by being an executive, a farmer, a contractor, a stay at home mom, a fireman or police officer. The variety of ways to glorify God are as numerous as the variety of people God has created. The way we live our lives is different but the purpose is the same.

You might be thinking I am crazy. Life is about grabbing as much gusto as you can get before you die. It’s about money, fame, power, career, or good times. And let’s not forget sports. But if those things bring meaning to life than why are so many people who have them still searching, still asking, “Why am I here?” It is because everything is meaningless until you embrace your purpose. Then life takes on meaning, significance, and becomes fulfilling. The apostle Paul had everything life could offer. A career, power, education, an honored family heritage and zeal. But once he came to know His creator in a personal way through a relationship with Jesus Christ he said, “I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord…” And he came to the conclusion, “For me, to live is Christ.”

What about you? Do you understand your infinite worth and the worth of others? Will you embrace the purpose for which you were created? Will you finally answer the question, “Why am I here?” You can today. It’s up to you.

If you would like to know more about your purpose in life and the great love your creator has for you please call me at Shippensburg First Church of God 717-532-8421.

Note: The April article was inadvertently repeated in last month’s issue. Our apologies for the error.
Thank You!

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*The Beistle Company - Decorations
May I just say … I hate gardening!

I know. I know. Many of you are avid gardeners and can find no greater joy than digging in God’s green earth and seeing the fruits of your labors … literally. Not me.

Sure, I had my time, long ago now, that I got excited about a raised bed, tomato plants, vermiculite and friable soil. I knew gardening was good for the soul, good for the environment, good for me. But I still didn’t really like it. Silly me. Gardening is one of my list of things I’d just rather not do. I do go through the paces – honestly, there’s nothing like a homegrown tomato! – and do a little of it, of course, but if I had my druthers, it wouldn’t be me who got my hands dirty.

There are a whole host of things that are good to do that I don’t like: Gardening is just one of those. Many of the things on my list others enjoy immensely, and I do not begrudge them that. I probably enjoy things they would not.

But it got me thinking – what other kinds of things don’t I like that are actually something that I should like, that others like, that are good for me? As I thought about it, the list appeared endless. Gardening. Running. Balancing my checkbook. Paying bills. Weeding. Washing the car. Washing the dog. Cleaning…. There are many more.

Persuading myself to do one of these things – all of which are (at least occasionally) necessary, and many of which are fun for a whole lot of (other) people … is tough.

I don’t like it!

Here are some ways to boost your enthusiasm for those tasks you don’t enjoy… to light a fire under your posterior and just suck it up … get going!

ꞏ Promise yourself a reward at the end of the disliked task – for instance, I don’t like gardening, but I do love reading, which might be on some of your “dislike” lists. So… go garden, get it done, then get an hour or so to read. Win/win.

ꞏ Do it with a buddy. I may hate gardening, but if my bestie suggested we do it together, I’d be in. Teamwork is fun.

ꞏ Do a little, then stop for a bit. Take a break. Get a drink of water, a snack; walk around a bit; read or look at something else for a few minutes.

ꞏ Break it up in chunks. Maybe because you’re taking short breaks like the idea above or maybe because you have it scheduled that way – at 10 a.m. I’ll do this part of “the thing.” Then at 1 p.m. I’ll do this part… continuing up until completion.

ꞏ Find something to be grateful about in the task you dislike. If it’s work related, be grateful you have a job. Be happy you have land on which to build a garden. Be grateful you can run. Or weed. Be grateful for the dog, or the car. Practice being grateful for your blessings, even when they come with unappreciated chores attached.

ꞏ Try to make it as nice as possible. Play your favorite music. Be outside. Make it appealing in some way.

ꞏ Or conversely, make it awful. Do all the things you hate on one, really horrible day. Just get them done and move on to brighter pastures.

ꞏ Do it for five minutes, and tell yourself if it really, REALLY stinks, you can stop. Nine times out of ten, you won’t, and you’ll finish the task.

ꞏ Do it first. If you do it, and get it over with, the rest of your day will, by definition, be better than your morning. It’s a mind-tweaking strategy, but sometimes it’s very effective.

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One of the secrets of productivity is to get yourself to do things you just don’t want to do. Whether it’s a home or work task or project, action items that sit on our to-do list (generally the important, time-consuming ones) forever – whatever it is that we don’t like takes determination and strategy to get us to finish it.

Even if it’s gardening.

Having trouble? At Sanctuary Christian Counseling we help grieving individuals, distressed teens and couples in conflict find peace, solutions and connection. Give us a call!

Sanctuary Christian Counseling
9974 Molly Pitcher Highway, Suite 4
Shippensburg, PA 17257
717-200-3158
info@sanctuarychristiancounseling.com